

BONE DENSITY SCAN



Know the Signs of Osteoporosis

Osteoporosis is a disease that reduces bone mineral density, increasing the risk of fractures and breaks, particularly in post-menopausal women. In fact, half of all women and one in five men older than 65 will break a bone due to this degenerative condition.

Watson Clinic is pleased to offer the DEXA bone density scan, the most advanced technology available in the diagnosis of osteoporosis. This non-invasive enhanced x-ray detects and measures a patient's bone density, and enables the most accurate diagnosis and treatment protocols. DEXA scan technology is housed at three Watson Clinic locations – Main, Bartow and Highlands – and is also available for non-clinic patients with a physician referral.

Current DEXA screening guidelines recommend the test be administered to men starting at the age of 70 and women over the age of 65. Postmenopausal women under the age of 65 should consider screening if they smoke, have a history of bone fracture, have taken oral steroids for a period of three months or longer, are under 127 pounds, or have a family history of osteoporosis.

Ask your physician if DEXA scanning is appropriate for you.

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Quality Healthcare for Every Generation

To utilize these services available at Watson Clinic, patients may either have a referral from a Watson Clinic physician or a DEXA prescription from a physician outside of Watson Clinic. Bone density scans are covered by most major insurance carriers.

*Please call 863-680-7870
to schedule a DEXA bone density scan.*

Watson Clinic Main



1600 Lakeland Hills Boulevard • Lakeland

Watson Clinic Bartow



2250 Osprey Blvd. • Suite 100 • Bartow

Watson Clinic Highlands



2300 E. County Rd. 540A • Lakeland

www.WatsonClinic.com