

Delivering the Personalized Services You Expect



Watson Clinic's OB-GYN department features a team of highly experienced specialists, both male and female providers, convenient Lakeland and Bartow locations, and a complete roster of women's health services including routine gynecologic care, high-risk pregnancy care and complex surgical capabilities. Patients are active participants in their own care, and referrals for screenings are provided as needed for laboratory services, bone density scans and the latest 3D mammography.

General Gynecology - Watson Clinic provides exceptional gynecologic care for every phase of a woman's life. We offer a complete range of services including annual evaluations, menstrual irregularity treatments, contraceptive modalities, minor in-office procedures, ultrasound evaluations, as well as highly advanced vaginal, laparoscopic and robotic surgical procedures.

Obstetrics & Delivery Coverage - For expectant mothers-to-be, our obstetricians are among the most recognized and accomplished in Central Florida. Our department provides services ranging from prenatal counseling to complete pregnancy care and everything in between, including genetic testing, the latest in 4D/3D ultrasound imaging, and effective management of the highest-risk pregnancies. Our team works closely together to ensure a warm and attentive continuity of care for each patient. We also offer a multitude of pregnancy, childbirth and newborn education classes and expert lactation consultants.

Female Pelvic Medicine & Reconstructive Surgery - For women experiencing pelvic pain, urinary incontinence, fecal incontinence and pelvic organ prolapse, our Female Pelvic Medicine and Reconstructive Surgery program offers the latest evaluation and treatment options available.

From lifestyle and dietary modifications, pessary management, pelvic floor physical therapy, sacral neuromodulation, in-office surgeries and pelvic reconstructive efforts, our program will tailor an individualized treatment plan just for you.

Reproductive Endocrinology and Fertility - When certain health disorders and fertility issues hinder women from participating in the miracle of new life creation, Watson Clinic provides expert and compassionate consultation, evaluation and treatment options right here in Polk County. Our team offers consultative IVF services at the Bella Vista Building with a physician on staff at the nationally recognized Center for Reproductive Medicine to expand the breadth and availability of these services even further.

Gynecologic Oncology - Working closely with the OB-GYN team, gynecologic oncologist Dr. Richard J. Cardosi diagnoses and treats all cancers of the female reproductive system. Dr. Cardosi, a nationally recognized expert in robotic techniques, utilizes this in over 70% of his surgical procedures.



WATSON CLINIC^{LLP}

Obstetrics & Gynecology

To schedule an appointment with an OB-GYN physician, please call:

863-680-7243



Bartow Building B

2000 Osprey Blvd., Suite 201 • Bartow



Bella Vista Building

1755 N. Florida Ave. • 3rd Floor • Lakeland



Highlands

2300 E. County Rd. 540A • 2nd Floor • Lakeland

To view and register for upcoming education classes, established Watson Clinic OB-GYN patients should visit:

www.WatsonClinic.com/Events

All Watson Clinic obstetrical physicians participate in the Florida Birth-Related Neurological Injury Compensation Association (NICA) fund. For specifics on the program, contact the Florida Birth-Related Neurological Injury Compensation Association, 1-800-398-2129.

Women's Care

that **DELIVERS**
...for all ages.



WATSON CLINIC^{LLP}

Obstetrics & Gynecology

WatsonClinic.com/OBGYN |      

Watson Clinic Obstetrics & Gynecology Team



Samantha J. Curtis, MD, FACOG
Obstetrics & Gynecology
Bella Vista Building

- Medical Degree from Medical College of Georgia, Augusta, GA
- Internship and Residency in Obstetrics and Gynecology, Winnie Palmer Hospital for Women & Babies, Orlando, FL

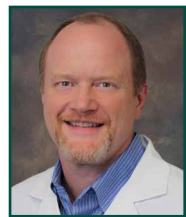
- Board-certified in Obstetrics and Gynecology



Tarek G. Garas, MD, FACOG, FACS, MIGS
OB-GYN, Female Pelvic Medicine & Reconstructive Surgery
Bella Vista Building & Bartow Building B

- Medical Degree from Creighton University School of Medicine, Omaha, NE

- Internship and Residency in Obstetrics and Gynecology, University of Miami / Jackson Memorial Hospital, Miami, FL
- Board-certified in Obstetrics and Gynecology, Female Pelvic Medicine & Reconstructive Surgery



J. Brian Hopper, MD, FACOG
Obstetrics & Gynecology
Highlands

- Medical Degree from University of Tennessee College of Medicine, Memphis, TN
- Internship and Residency in Obstetrics and Gynecology, University of Miami/ Jackson Memorial Hospital, Miami, FL

- Residency in Obstetrics and Gynecology, Louisiana State University, New Orleans, LA
- Board-certified in Obstetrics and Gynecology



Donald W. Langley, DO, FACOG
Obstetrics & Gynecology
Highlands

- Medical Degree from University of Health Sciences College of Osteopathic Medicine, Kansas City, MO
- Internship in Oklahoma State University College of Osteopathic Medicine, Tulsa, OK

- Residency in Obstetrics and Gynecology, University of Florida College of Medicine, Pensacola, FL
- Board-certified in Obstetrics and Gynecology



Taylor Cook, DO
Obstetrics & Gynecology
Highlands

- William Carey University College of Osteopathic Medicine, Hattiesburg, MS, DO
- Louisiana State University Health Science Center, Baton Rouge, LA, Obstetrics and Gynecology, Residency

Hospitalist



Shawn T. Simpson, DO
Hospitalist, Obstetrics & Gynecology
Lakeland Regional Health Medical Center

- St. Luke's Hospital, Bethlehem, PA, Obstetrics and Gynecology, Internship & Residency

Gynecology



Rosemary P. Cardosi, MD
Gynecology
Bella Vista Building

- Medical Degree from University of South Florida College of Medicine, Tampa, FL
- Residency in Obstetrics and Gynecology, University of South Florida College of Medicine, Tampa, FL

- Board-certified in Obstetrics and Gynecology



John R. Ellington, Jr., MD, FACOG
Gynecology
Bella Vista Building

- Medical Degree from Medical College of Georgia, Augusta, GA
- Internship, Residency and Instructor in Obstetrics and Gynecology, University of Alabama Medical Center, University Hospital, Birmingham, AL

- Board-certified in Obstetrics and Gynecology

Gynecologic Oncology



Richard J. Cardosi, MD, FACOG, FACS
Gynecologic Oncology
Bella Vista Building — 863-680-7578

- Medical Degree from University of Tennessee College of Medicine, MD
- Internship & Residency in Obstetrics and Gynecology, University of South Florida College of Medicine, Tampa, FL

- Fellowship in Gynecologic Oncology, H. Lee Moffitt Cancer Center, Tampa, FL
- Board-certified in Obstetrics, Gynecology and Gynecologic Oncology

Additional Providers

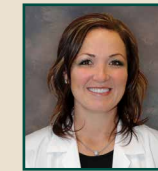
The following specialists assist members of the OB-GYN team for a superior healthcare experience.



Brooke Bambridge, APRN
Obstetrics - Gynecology – Bella Vista Building
Under the guidance of Dr. Curtis



Alicia Belisle, APRN
Obstetrics - Gynecology – Bella Vista Building
Under the guidance of Dr. Garas



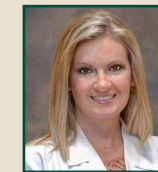
Wendi Johnson, APRN
Gynecology – Bella Vista Building
Under the guidance of Dr. Ellington



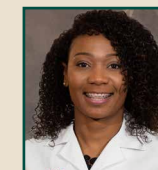
Melissa Kham, DNP, APRN
Gynecologic Oncology – Bella Vista Building
Under the guidance of Dr. Richard Cardosi



Holly C. Payne, APRN
Obstetrics - Gynecology – Highlands
Under the guidance of Dr. Hopper and Dr. Langley



Nicole Rule, APRN, PHD
Gynecology – Bella Vista Building and Bartow Building B
Under the guidance of Dr. Garas



Italia Stuart, APRN
Gynecology – Highlands
Under the guidance of Dr. Hopper and Dr. Langley

Call **863-680-7243** for an appointment today!