



WATSON CLINIC LLP

METABOLIC & WEIGHT CENTER

Lilliam S. Chiques, MD



Comprehensive **WEIGHT MANAGEMENT** *Services*

In Polk County, nearly 39% of our adult population is obese.

The epidemic has far-reaching implications as overweight and obese patients are more likely to suffer from diabetes, heart disease and other common chronic conditions.

Watson Clinic Internal Medicine specialist Dr. Lilliam S. Chiques has launched a Metabolic and Weight Center practice to combat the epidemic among patients in our community. The program is designed to empower adults to conquer the condition through sensible, manageable and health-based means.

Dr. Chiques is the only member of the IDM Physicians Network practicing in the state of Florida. She offers intermittent fasting in partnership with world-renowned nephrologist and best-selling author Dr. Jason Fung and his Intensive Dietary Management Program. She specializes in treating obesity-related medical conditions such as diabetes mellitus through dietary changes and caters to the needs of these patients through a medically-sound approach that includes:

- *Comprehensive medical assessment*
- *Lifestyle counseling*
- *Intermittent fasting*
- *Ketogenic diet*
- *Meal replacement diet*
- *Medications to support weight loss*

CALL 863-680-7190 TO SCHEDULE AN APPOINTMENT!

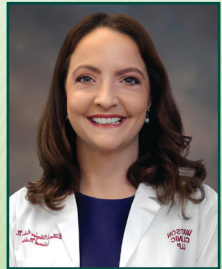


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Lilliam S. Chiques, MD

DR. CHIQUES has undergone extensive training in the field of obesity management. She is board-certified in Obesity Medicine by the American Board of Obesity Medicine, a distinction that recognizes the highest standards of expertise in the treatment and management of obesity.



With the proper plan in place, patients can see significant and lasting results in their overall quality of life, even if they have been diagnosed with a chronic condition such as diabetes.

Her practice devotes every Friday to the counseling and treatment of overweight and obese patients.

EDUCATION

- *Yale University, New Haven, CT, BA*
- *University of Puerto Rico, San Juan, PR, MD*
- *Harvard University/Brigham & Women's Hospital, Boston, MA, Internship & Residency*

PROFESSIONAL ACTIVITIES & MEMBERSHIPS

- *American Board of Internal Medicine*
- *American Board of Obesity Medicine*
- *Obesity Medicine Association*

BILINGUAL

- *English & Spanish*

Appointments Now Available

863-680-7190

Watson Clinic Main

1600 Lakeland Hills Boulevard
Lakeland, Florida 33805

WWW.WATSONCLINIC.COM/CHIQUES