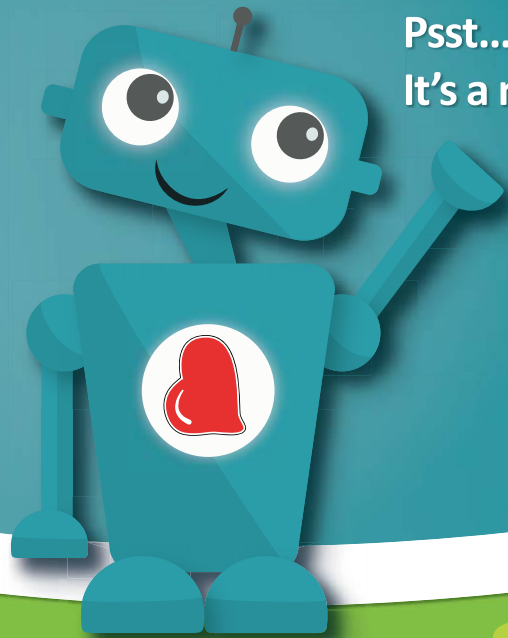
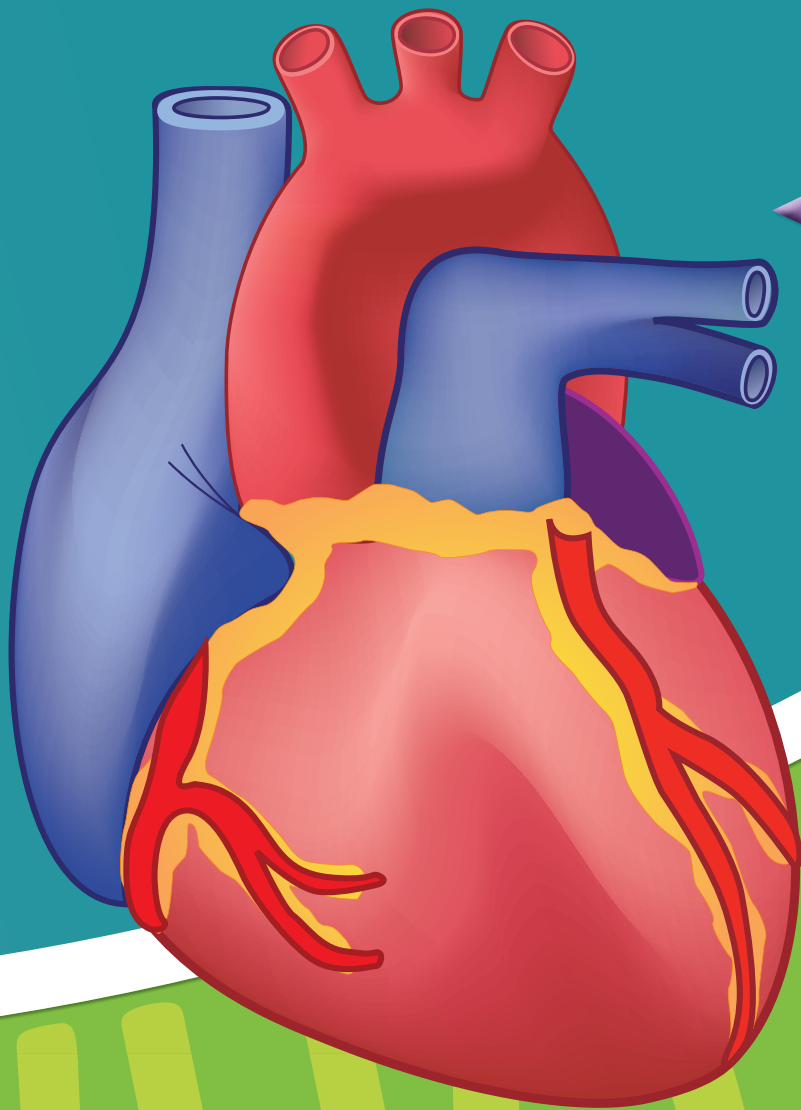


# AN Incredible MACHINE

## THE HUMAN HEART



Psst...  
It's a muscle.



The most dependable pump in the world!!

The average heart beats **70 TIMES** per minute!

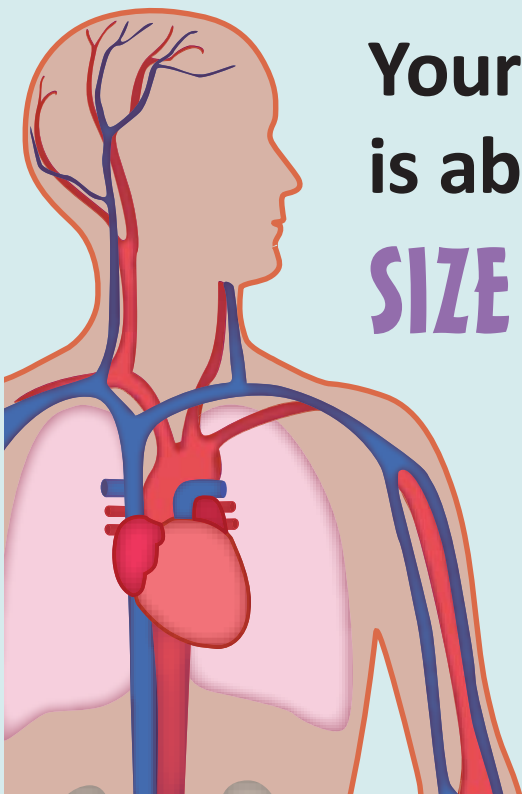
that's about **100,000 TIMES** each day!

that's more than **36 MILLION TIMES** a year!

that's about **3 BILLION TIMES** in a lifetime!

Your heart weighs **BETWEEN 7 & 15 OUNCES**, less than approximately 4 medium sized bananas.

Your heart is about the **SIZE OF A FIST** and is located close to the **MIDDLE** of the chest.



Learn more online  
[texasheart.org/projectheart](http://texasheart.org/projectheart)

 TEXAS HEART INSTITUTE  
at St. Luke's Episcopal Hospital

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