



WATSON CLINIC
Chiropractic Medicine



Find Relief with **Chiropractic Care**

Watson Clinic patients in Lakeland, Bartow and surrounding communities can find expert Chiropractic care conveniently at two locations: Watson Clinic Center for Specialized Rehabilitation and Center for Rehabilitative Medicine.

Dr. Jalen Banks, a Doctor of Chiropractic Medicine and Certified Chiropractic Sports Physician (CCSP) offers comprehensive treatments for chronic and acute pain involving the muscles, joints, bones, ligaments, cartilage and nervous system.

Working alongside our Physical Therapy & Sports Medicine team, Dr. Banks offers the following services:

- *Cupping, Dry Needling and Acupuncture*
- *Relief of Spinal Pain*
- *Spinal and Joint Manipulations*
- *Spinal Manipulation Involving Use of Specially Designed Cox® Table*

Chiropractic care may be an additional option to improve your quality of life.

863-680-7718 | [WatsonClinic.com/Chiropractic](https://www.WatsonClinic.com/Chiropractic)



**Appointments
are available with
Chiropractor
Dr. Jalen Banks at
two convenient
locations**

Jalen Banks, DC Chiropractic Medicine

Education and Certifications

- **Undergraduate Degree:** Montclair State University, Montclair, NJ, BS, Exercise Science
- **Doctorate Degree:** Keiser University, West Palm Beach, FL, Doctorate of Chiropractic Medicine
- **Licenses:** Chiropractic Medicine, Acupuncture
- **Certifications:** Certified Chiropractic Sports Physician, Dry Needling, Cox® Flexion Distraction Technic

**Call 863-680-7718 to schedule
your appointment today!**

Licensed to practice Chiropractic Medicine only.



Watson Clinic Center for Rehabilitative Medicine
1430 Lakeland Hills Blvd. · Lakeland, FL 33805

Watson Clinic Center for Specialized Rehabilitation
2190 E. County Rd. 540A · Lakeland, FL 33813